

Denbigh Triathlon

Gender Results

Contest	Place	Bib	Name	YoB	AG	Club	Swim	T1	Bike	T2	Run	Finish	
Para Open													
Male													
Para Open	1.	197	Tomos Roberts	2008			01:17	02:27	06:49	00:56	03:01	14:30	-
Para Open	2.	198	Gruff Crowther	2008			02:10	02:20	11:27	00:39	05:06	21:42	+7:12
SuperMini													
Female													
SuperMini	1.	240	Polly Hext	2012			01:05	01:21	02:52	00:31	02:28	08:17	-
SuperMini	2.	249	Isla Warrender	2012			01:03	01:07	03:10	00:28	02:31	08:19	+0:02
SuperMini	3.	250	Evie Leonard	2013			01:05	01:10	03:33	00:30	02:29	08:47	+0:30
SuperMini	4.	247	Maggie Pimble	2012			01:01	01:33	03:29	00:31	02:30	09:04	+0:47
SuperMini	5.	246	Olwen Conry	2011			01:03	01:35	03:36	00:36	02:28	09:18	+1:01
SuperMini	6.	248	Isla Griffiths	2013			01:08	01:29	03:40	00:29	02:48	09:34	+1:17
SuperMini	7.	243	Olivia Griffiths	2012			01:17	01:44	03:35	00:28	02:30	09:34	+1:17
SuperMini	8.	245	Freya Lerigo	2012			01:18	01:48	03:48	00:30	02:29	09:53	+1:36
SuperMini	9.	242	Cadi Owen	2013			01:02	01:42	04:28	00:34	02:25	10:11	+1:54
SuperMini	10.	244	Siobhan Martin	2012			01:15	01:48	04:30	00:29	02:26	10:28	+2:11
SuperMini	11.	241	Roxy Woolcock	2013			01:19	01:36	04:30	00:34	02:31	10:30	+2:13

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Male													
SuperMini	1.	254	Ben Jones	2011			01:00	01:32	03:44	00:29	02:10	08:55	-
SuperMini	2.	251	Ewan Thomas	2011			01:46	01:48	04:29	00:25	02:04	10:32	+1:37
SuperMini	3.	253	Evan Dolan	2012			01:22	01:50	04:18	00:38	03:11	11:19	+2:24
SuperMini	4.	200	Owain Powell				01:38	02:47	04:21	00:39	02:29	11:54	+2:59
SuperMini	5.	252	Luke Kell	2013			01:53	02:04	05:06	00:38	02:51	12:32	+3:37

SuperSprint

Female													
SuperSprint	1.	107	Ffion Williams	2007			01:37	01:04	06:54	00:23	03:58	13:56	-
SuperSprint	2.	106	Eleri Gizzie	2007			01:41	01:21	08:15	00:28	04:47	16:32	+2:36
SuperSprint	3.	108	Bethany Kell	2006			02:22	01:27	08:34	00:32	04:29	17:24	+3:28
SuperSprint	4.	104	Abi Griffiths	2007			02:30	01:25	08:36	00:26	04:32	17:29	+3:33
SuperSprint	5.	105	Megan Hooson	2004			03:01	02:05	09:22	00:41	05:58	21:07	+7:11

Male													
SuperSprint		111	Alexander Grant	2007									
SuperSprint		113	Ollie Adamson	2009									
SuperSprint	1.	116	Luke Llewellyn	2008			02:27	01:09	07:49	00:26	04:12	16:03	-

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SuperSprint	2.	114	Zac Hewitt	2009			01:50	01:43	07:50	00:27	04:20	16:10	+0:07
SuperSprint	3.	110	Riley Woolcock	2007			02:15	01:19	08:10	00:26	04:15	16:25	+0:22
SuperSprint	4.	112	Aodhan Martin	2010			02:23	01:38	08:56	00:27	04:11	17:35	+1:32
SuperSprint	5.	117	Haydn Llewellyn	2009			02:51	01:14	08:21	00:31	04:56	17:53	+1:50
SuperSprint	6.	109	Rhys Jones	2010			03:30	01:48	09:59	00:40	04:31	20:28	+4:25

TriStar 1

Female

TriStar 1		170	Eve Baker	2009									
TriStar 1		171	Ena Lewis	2009									
TriStar 1		180	Soffia-Mai Davies	2009									
TriStar 1	1.	173	Kaelie Chisholm	2009			03:09	01:08	07:26	00:31	06:49	19:03	-
TriStar 1	2.	176	Erin Woolcock	2009			04:16	01:07	07:25	00:30	05:45	19:03	+0:00
TriStar 1	3.	178	Seren Borland	2009			02:56	01:29	08:02	00:37	06:06	19:10	+0:07
TriStar 1	4.	181	Annabelle Griffiths	2010			04:21	01:15	06:56	00:38	06:09	19:19	+0:16
TriStar 1	5.	172	Madi Jones	2009			02:34	01:42	08:32	00:29	06:07	19:24	+0:21
TriStar 1	6.	174	Rose Hayes	2009			03:01	01:45	08:40	00:32	05:35	19:33	+0:30
TriStar 1	7.	177	Daisy Stone	2009			02:58	01:10	07:42	00:39	07:11	19:40	+0:37
TriStar 1	8.	175	Helen Jones	2010			03:58	01:19	08:40	00:28	06:44	21:09	+2:06

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TriStar 1	9.	188	Medi Owen	2010			03:17	01:50	10:17	00:39	07:31	23:34	+4:31
TriStar 1	10.	179	Zoe Baddock	2009			03:49	01:37	10:58	00:55	07:35	24:54	+5:51
Male													
TriStar 1	1.	191	Ewan Leonard	2009			02:29	00:54	05:42	00:21	05:05	14:31	-
TriStar 1	2.	187	Noah White	2009			02:37	01:18	05:26	00:25	05:41	15:27	+0:56
TriStar 1	3.	194	Tristan Warrender	2009			02:46	01:02	05:55	00:29	05:39	15:51	+1:20
TriStar 1	4.	193	Ando Hannant	2009			02:40	01:13	06:39	00:29	05:20	16:21	+1:50
TriStar 1	5.	189	Elliot Clegg	2009			02:49	00:58	07:04	00:25	05:19	16:35	+2:04
TriStar 1	6.	195	Elliot Turner	2009			03:27	01:05	05:41	00:29	06:00	16:42	+2:11
TriStar 1	7.	186	Harry Houlden	2009			02:58	01:20	05:56	00:38	06:02	16:54	+2:23
TriStar 1	8.	196	Charlie Porter	2009			03:10	01:12	06:20	00:29	06:19	17:30	+2:59
TriStar 1	9.	190	Oscar Ellwood	2009			03:05	01:16	06:34	00:29	06:22	17:46	+3:15
TriStar 1	10.	184	Christopher Benson	2009			04:20	01:20	06:33	00:35	05:32	18:20	+3:49
TriStar 1	11.	192	Nathaniel Grant	2010			03:22	01:11	07:21	00:26	06:00	18:20	+3:49
TriStar 1	12.	183	Rupert Hext	2009			03:59	01:16	06:21	00:29	06:36	18:41	+4:10
TriStar 1	13.	182	Oliver Lerigo	2010			03:37	01:11	07:43	00:32	06:05	19:08	+4:37
TriStar 1	14.	185	Ewan Gallup	2009			03:42	01:23	08:06	00:46	06:17	20:14	+5:43

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Contest	Place	Bib	Name	YoB	AG	Club	Swim	T1	Bike	T2	Run	Finish	
TriStar 2													
Female													
TriStar 2	1.	151	Millie Hannant	2007			02:46	01:04	11:40	00:24	06:52	22:46	-
TriStar 2	2.	152	Josephine Hurst	2008			03:16	00:57	11:16	00:23	07:21	23:13	+0:27
TriStar 2	3.	154	Lily Roberts	2008			03:28	01:16	12:46	00:29	07:20	25:19	+2:33
TriStar 2	4.	150	Ciara Cust	2007			03:19	01:04	14:00	00:32	07:18	26:13	+3:27
TriStar 2	5.	149	Imogen Lemon	2007			02:56	01:10	14:26	00:26	08:21	27:19	+4:33
TriStar 2	6.	146	Angharad Rhys	2008			04:00	01:19	13:34	00:33	08:15	27:41	+4:55
TriStar 2	7.	153	Eva Mckenzie	2008			03:42	01:13	15:34	00:48	09:18	30:35	+7:49
TriStar 2	8.	147	Isabella Stone	2007			04:05	01:26	16:19	00:34	10:28	32:52	+10:06
TriStar 2	9.	148	Seren Sumner	2007			04:21	02:14	16:46	00:36	10:25	34:22	+11:36
TriStar 2	10.	145	Lucie Bower	2008			05:55	01:56	21:12	00:40	11:20	41:03	+18:17
Male													
TriStar 2		155	Mabon McCluskey	2007									
TriStar 2		157	Felix Hodgkinson	2008			04:12	01:09	11:37				
TriStar 2		162	Mitchell Sonny	2007									
TriStar 2	1.	169	Iestyn Evans	2008			03:56	01:01	09:46	00:35	07:05	22:23	-
TriStar 2	2.	164	William Pritchard	2007			03:07	01:03	11:45	00:23	06:53	23:11	+0:48

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Contest	Place	Bib	Name	YoB	AG	Club	Swim	T1	Bike	T2	Run	Finish	
TriStar 2	3.	159	Samuel Dallas	2007			03:10	01:14	11:41	00:25	06:55	23:25	+1:02
TriStar 2	4.	161	Finley Bruce	2007			03:37	00:55	11:46	00:22	06:53	23:33	+1:10
TriStar 2	5.	166	Daniel Warrender	2008			03:50	01:03	11:34	00:28	07:00	23:55	+1:32
TriStar 2	6.	156	Daniel Mitchell	2008			03:39	01:17	11:30	00:28	08:16	25:10	+2:47
TriStar 2	7.	167	Elliot Jones	2007			03:58	01:09	11:14	00:33	09:14	26:08	+3:45
TriStar 2	8.	165	Ted Conry	2008			03:42	01:06	12:17	00:44	08:20	26:09	+3:46
TriStar 2	9.	163	Jac Williams	2007			04:27	01:00	12:41	00:27	08:06	26:41	+4:18
TriStar 2	10.	160	James Pritchard	2008			03:47	01:20	13:46	00:42	07:19	26:54	+4:31
TriStar 2	11.	168	Finlay Thapa	2007			03:03	01:05	15:59	00:30	09:16	29:53	+7:30
TriStar 2	12.	158	Iestyn Williams	2007			03:41	01:08	15:15	00:52	09:27	30:23	+8:00

TriStar 3

Female

TriStar 3		131	Maddy James	2006									
TriStar 3	1.	127	Robyn Beck	2006			04:53	01:02	17:19	00:24	11:22	35:00	-
TriStar 3	2.	125	Isabelle Shaw	2006			04:55	01:01	17:49	00:31	11:13	35:29	+0:29
TriStar 3	3.	129	Freya Thapa	2005			04:26	01:08	19:24	00:35	12:16	37:49	+2:49
TriStar 3	4.	128	Seren Roberts	2006			05:38	01:03	20:12	00:28	10:55	38:16	+3:16
TriStar 3	5.	130	Aoife Matthews	2005			04:57	00:58	20:49	00:34	11:41	38:59	+3:59

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TriStar 3	6.	132	Isabella	2005			04:12	01:12	21:46	00:31	12:43	40:24	+5:24
TriStar 3	7.	133	Grace Mitchell	2006			05:22	01:04	21:55	00:32	15:08	44:01	+9:01
TriStar 3	8.	126	Nansi Davies	2005			04:15	01:16	22:24	00:28	17:38	46:01	+11:01

Male

TriStar 3		144	Tristan Tena	2005									
TriStar 3	1.	136	Oliver Jones	2005			03:57	00:47	15:33	00:27	09:22	30:06	-
TriStar 3	2.	138	Deri Mccluskey	2005			04:05	00:52	16:03	00:21	09:45	31:06	+1:00
TriStar 3	3.	137	William Stone	2005			04:33	00:55	16:04	00:29	10:26	32:27	+2:21
TriStar 3	4.	143	Jack Bruce	2005			04:52	01:02	16:26	00:22	10:19	33:01	+2:55
TriStar 3	5.	135	William Griffiths	2005			04:29	01:33	15:06	00:25	11:36	33:09	+3:03
TriStar 3	6.	134	William Grant	2005			04:26	00:59	17:14	00:25	12:51	35:55	+5:49
TriStar 3	7.	142	Cynan ap Rhys	2006			06:01	01:18	17:35	00:27	10:49	36:10	+6:04
TriStar 3	8.	140	Nikolas Martinez	2006			05:02	00:51	18:37	00:38	11:41	36:49	+6:43
TriStar 3	9.	141	Stuart Zhang	2005			06:48	00:47	17:56	00:37	11:29	37:37	+7:31
TriStar 3	10.	139	Matthew Benson	2006			06:32	01:28	18:19	00:29	13:17	40:05	+9:59

TriStar Start

Female

TriStar Start	1.	89	Alaina Jones	2011			01:13	01:10	03:30	00:30	02:11	08:34	-
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Contest	Place	Bib	Name	YoB	AG	Club	Swim	T1	Bike	T2	Run	Finish	
TriStar Start	2.	88	Bethan Pimble	2011			01:14	01:19	03:19	00:32	02:24	08:48	+0:14
TriStar Start	3.	91	Ffion Griffiths	2011			01:23	01:20	03:56	00:38	02:09	09:26	+0:52
TriStar Start	4.	87	Lili McKenzie	2011			01:14	01:14	04:29	00:24	02:15	09:36	+1:02
TriStar Start	5.	92	Tanwen Roberts	2011			01:26	01:59	04:33	00:37	02:20	10:55	+2:21
TriStar Start	6.	93	Sophie Williams	2011			01:16	01:26	05:35	00:35	02:56	11:48	+3:14
TriStar Start	7.	90	Izzy Fowles	2011			01:55	01:34	05:26	00:40	02:44	12:19	+3:45
Male													
TriStar Start		1003	Finley Hewits										
TriStar Start	1.	101	Jude White	2011			01:06	01:03	02:55	00:24	01:47	07:15	-
TriStar Start	2.	94	Leo Clegg	2011			01:16	01:03	03:33	00:28	02:00	08:20	+1:05
TriStar Start	3.	99	Harrison Leonard	2011			01:15	01:06	03:34	00:25	02:02	08:22	+1:07
TriStar Start	4.	97	Finley Jaggard	2011			01:15	01:21	03:24	00:31	02:23	08:54	+1:39
TriStar Start	5.	100	Finley Potter	2012			01:18	01:15	03:52	00:27	02:16	09:08	+1:53
TriStar Start	6.	98	Eben John Jones	2011			01:25	01:25	03:54	00:28	02:00	09:12	+1:57
TriStar Start	7.	95	Edryd ap Rhys	2011			01:22	01:33	03:50	00:29	02:00	09:14	+1:59
TriStar Start	8.	103	Harri Bartlett	2011			01:40	01:22	04:16	00:31	02:10	09:59	+2:44
TriStar Start	9.	115	Finley Hewitt	2010			01:13	01:52	04:24	00:31	02:20	10:20	+3:05
TriStar Start	10.	102	William Fulton	2011			01:48	01:19	04:59	00:29	02:30	11:05	+3:50
TriStar Start	11.	96	Alex Baddock	2011			01:56	01:44	06:33	00:30	03:03	13:46	+6:31

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Gender Results

Contest	Place	Bib	Name	YoB	AG	Club	Swim	T1	Bike	T2	Run	Finish	
Youth													
Female													
Youth		118	Karis Blake	2004									
Youth	1.	120	Neisha Roberts	2004			06:41	01:05	18:15	00:35	10:23	36:59	-
Youth	2.	119	Bethan Jones	2003			06:57	01:09	18:59	00:26	09:47	37:18	+0:19
Male													
Youth	1.	199	Ricardo Inglesias				06:29	01:00	15:28	00:36	09:21	32:54	-
Youth	2.	123	Evan Roberts	2004			07:14	01:03	17:00	00:31	10:06	35:54	+3:00
Youth	3.	121	Ben Benson	2004			08:26	01:23	19:02	00:30	12:47	42:08	+9:14
Youth	4.	122	Martin Becker	2005			07:34	01:26	20:21	00:30	13:10	43:01	+10:07
Youth	5.	124	Tom Bower	2003			10:10	02:19	19:25	00:38	13:05	45:37	+12:43
Sprint Open													
Female													
Sprint Open		5	Annabel Chaloner	20-29			1:34:51						
Sprint Open		25	Sarah Priest	40-49		Denbighshire	42:51						
Sprint Open		47	Lowri Cooling	20-29			08:07	02:03	56:31	01:34			
Sprint Open		76	Lucy Knight	30-39									

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Sprint Open	1.	73	Eleanor Davies		40-49	Clwb Beicio'r Bala	07:04	01:21	36:40	00:47	23:20	1:09:12	-
Sprint Open	2.	58	Vicky Ronald		50-59	GOG Triathlon	08:04	01:38	38:05	00:57	25:43	1:14:27	+5:15
Sprint Open	3.	29	Jane Doughton		40-49		09:17	01:22	38:31	00:38	24:46	1:14:34	+5:22
Sprint Open	4.	62	Carolyn		40-49		07:20	01:32	43:23	00:43	23:42	1:16:40	+7:28
Sprint Open	5.	56	Kirsty Johnson		30-39		06:41	01:41	42:30	00:30	27:46	1:19:08	+9:56
Sprint Open	6.	22	Ceri Hughes		40-49	GOG Triathlon	09:58	01:44	38:26	01:12	28:12	1:19:32	+10:20
Sprint Open	7.	38	Nikita Berry		20-29	Clwydian Range	08:22	01:50	39:45	01:04	28:40	1:19:41	+10:29
Sprint Open	8.	24	Elisabeth		30-39		09:59	01:52	40:05	00:29	27:23	1:19:48	+10:36
Sprint Open	9.	53	Amy Ryder		Under	Denbighshire	08:35	01:16	40:46	01:03	28:56	1:20:36	+11:24
Sprint Open	10.	32	Nicola Tomlinson		30-39	GOG Triathlon	09:22	01:33	44:44	00:50	28:23	1:24:52	+15:40
Sprint Open	11.	86	Siobhan Henn	1983			08:01	02:03	44:14	01:10	29:54	1:25:22	+16:10
Sprint Open	12.	16	Tracey Williams		50-59		10:49	02:48	45:50	01:20	26:07	1:26:54	+17:42
Sprint Open	13.	50	Alex Robens	1976	30-39	Denbighshire	07:20	02:56	42:47	01:16	32:53	1:27:12	+18:00
Sprint Open	14.	21	Sarah Massey		40-49		09:31	02:09	43:54	00:54	31:25	1:27:53	+18:41
Sprint Open	15.	41	Isobel Eccles		20-29		08:15	03:08	45:28	01:17	30:43	1:28:51	+19:39
Sprint Open	16.	20	Sarah Ellwood		40-49	GOG Triathlon	11:27	02:07	43:40	01:46	31:05	1:30:05	+20:53
Sprint Open	17.	61	Ali Barber		50-59	GOG Triathlon	07:40	01:58	43:57	01:12	36:13	1:31:00	+21:48
Sprint Open	18.	6	Mandy Williams		50-59		12:25	03:01	45:41	02:04	31:11	1:34:22	+25:10
Sprint Open	19.	33	Sarah Marriott		40-49	GOG Triathlon	10:04	02:01	51:04	00:40	32:58	1:36:47	+27:35

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Sprint Open	20.	12	Victoria Cortvriend		60+		10:49	03:39	49:28	00:48	34:49	1:39:33	+30:21
Sprint Open	21.	10	Caeri Roberts		40-49	Denbighshire	10:11	03:35	52:02	01:43	38:33	1:46:04	+36:52
Sprint Open	22.	8	Suzy Hooson		50-59	GOG Triathlon	12:17	03:47	56:31	01:15	48:56	2:02:46	+53:34
Male													
Sprint Open		34	Patrick Toole		40-49		25:51						
Sprint Open		39	Gary Jones		50-59		25:51						
Sprint Open		42	Richie Bartlett	1977	40-49		12:51						
Sprint Open		63	Simon Lewis		50-59								
Sprint Open		67	Samuel Budd		20-29		06:35	02:55	43:48	01:45			
Sprint Open		74	Chris Deryke	1980	Under	Denbighshire	08:03	01:51					
Sprint Open		77	Toby Hughes		20-29		06:50	01:42	40:49	00:43			
Sprint Open		84	Daniel West		20-29		05:37	02:01	38:57	00:33			
Sprint Open	1.	85	Adrian Leonard		30-39		06:38	00:58	31:51	00:30	20:36	1:00:33	-
Sprint Open	2.	80	Ricardo Inglesias		Under	Myddelton College Tri	06:29	00:58	35:10	00:27	18:29	1:01:33	+1:00
Sprint Open	3.	60	Dan Hurst		40-49		07:49	01:07	32:41	00:30	21:53	1:04:00	+3:27
Sprint Open	4.	54	Simon O'Brien	1986	40-49	GOG Triathlon	07:42	01:19	35:50	00:36	18:53	1:04:20	+3:47
Sprint Open	5.	83	Ryan Morrison		Relay	Cadence Tri	07:32	01:08	34:32	00:23	21:34	1:05:09	+4:36
Sprint Open	6.	65	Patrick White		Under	Cadence Tri	08:33	01:17	34:10	00:55	20:50	1:05:45	+5:12
Sprint Open	7.	57	Owain Llewellyn		40-49		08:23	01:07	35:31	00:32	21:34	1:07:07	+6:34

Denbigh Triathlon

Gender Results

Contest	Place	Bib	Name	YoB	AG	Club	Swim	T1	Bike	T2	Run	Finish	
Sprint Open	8.	78	David Williams		50-59	Wreccsam Tri Club	05:44	01:30	35:06	00:45	24:25	1:07:30	+6:57
Sprint Open	9.	64	Mark Jones		30-39		08:07	01:42	34:02	00:47	23:32	1:08:10	+7:37
Sprint Open	10.	82	Thomas Brown		20-29	Wreccsam Tri Club	06:10	01:11	35:37	00:37	24:46	1:08:21	+7:48
Sprint Open	11.	71	Russell Godwin		50-59	GOG Triathlon	07:39	01:10	35:39	00:29	24:09	1:09:06	+8:33
Sprint Open	12.	79	Rory Tolley		20-29		07:28	02:12	37:12	00:36	22:30	1:09:58	+9:25
Sprint Open	13.	68	Rhys Davies		40-49	Clwb Beicio'r Bala	07:34	01:32	38:42	00:41	21:31	1:10:00	+9:27
Sprint Open	14.	52	Steve Haimes		40-49		07:23	01:54	35:31	00:59	24:52	1:10:39	+10:06
Sprint Open	15.	51	Chris Wynne		50-59	GOG Triathlon	08:19	01:44	36:02	00:50	24:20	1:11:15	+10:42
Sprint Open	16.	55	Steven Kell		30-39	Denbighshire	07:21	02:06	36:56	00:57	25:07	1:12:27	+11:54
Sprint Open	17.	59	Chris Laughton		50-59	Cerist Triathlon Club	08:08	01:28	36:04	00:47	26:30	1:12:57	+12:24
Sprint Open	18.	81	Liam Rickard		Under	Denbighshire	06:42	01:18	39:34	00:47	24:39	1:13:00	+12:27
Sprint Open	19.	40	Glyn Rees		30-39		08:40	02:22	37:20	00:55	24:32	1:13:49	+13:16
Sprint Open	20.	45	David Longford		40-49		08:26	02:15	40:16	01:00	22:46	1:14:43	+14:10
Sprint Open	21.	49	Steven White		30-39	Denbighshire	07:24	02:28	41:22	00:31	22:59	1:14:44	+14:11
Sprint Open	22.	48	Phil Porter		50-59	Denbighshire	08:23	01:12	38:26	00:38	26:20	1:14:59	+14:26
Sprint Open	23.	46	Daniel Williams		30-39	Clwb Cedor	09:04	01:36	40:14	01:05	24:00	1:15:59	+15:26
Sprint Open	24.	69	Christian Edwards		40-49	Wreccsam Tri Club	07:18	01:53	37:45	00:41	29:33	1:17:10	+16:37
Sprint Open	25.	27	Guy Clamp		60+		10:00	01:48	36:32	01:08	28:26	1:17:54	+17:21
Sprint Open	26.	23	Huw Williams		30-39		11:36	02:03	40:42	01:28	22:41	1:18:30	+17:57

Denbigh Triathlon

Gender Results

Contest	Place	Bib	Name	YoB AG	Club	Swim	T1	Bike	T2	Run	Finish	
Sprint Open	27.	75	Richard Bennion	40-49	Wreccsam Tri Club	05:43	01:38	39:56	00:51	30:33	1:18:41	+18:08
Sprint Open	28.	30	Gareth Powell	30-39		09:48	01:54	39:19	00:49	27:19	1:19:09	+18:36
Sprint Open	29.	36	Matthew Davies	40-49		08:06	02:05	39:26	01:08	28:41	1:19:26	+18:53
Sprint Open	30.	37	James Wedley	30-39	Wreccsam Tri Club	08:28	01:31	41:27	00:52	27:32	1:19:50	+19:17
Sprint Open	31.	70	Ross Houlden	40-49		07:35	02:16	38:51	00:33	30:45	1:20:00	+19:27
Sprint Open	32.	35	Wyn Roberts	40-49		09:57	02:04	41:23	01:03	25:46	1:20:13	+19:40
Sprint Open	33.	43	Andrew Russell	40-49		07:58	02:03	40:04	01:03	30:21	1:21:29	+20:56
Sprint Open	34.	44	Stuart Benson	30-39		08:32	01:56	40:41	01:19	29:34	1:22:02	+21:29
Sprint Open	35.	26	Tim Nunn	50-59	Deane Triathlon Club	08:59	02:15	38:57	01:54	31:48	1:23:53	+23:20
Sprint Open	36.	7	Billy Copp	40-49		12:12	02:25	41:57	00:31	27:00	1:24:05	+23:32
Sprint Open	37.	28	Sean Kell	Under	Denbighshire	08:56	02:19	45:54	00:44	26:19	1:24:12	+23:39
Sprint Open	38.	18	Dave Kirkby	50-59	Eryri Harriers	10:47	02:30	41:01	01:05	29:22	1:24:45	+24:12
Sprint Open	39.	11	Tony Benton	50-59		13:44	02:32	43:37	01:29	25:37	1:26:59	+26:26
Sprint Open	40.	19	Iolo Owen	40-49		11:27	02:21	42:48	01:19	29:15	1:27:10	+26:37
Sprint Open	41.	66	Malcolm Harrison	60+	GOG Triathlon	08:04	01:49	42:00	01:12	34:39	1:27:44	+27:11
Sprint Open	42.	15	Michael Haigh	50-59	South Cheshire	11:20	02:19	41:20	01:20	31:39	1:27:58	+27:25
Sprint Open	43.	17	Darren Williams	40-49		09:02	02:22	44:57	01:28	30:38	1:28:27	+27:54
Sprint Open	44.	9	Wayne Roberts	50-59	GOG Triathlon	12:10	02:16	43:07	01:06	30:50	1:29:29	+28:56
Sprint Open	45.	4	Kevin Dyer	60+		13:55	02:39	44:14	01:01	28:47	1:30:36	+30:03

Denbigh Triathlon

Gender Results

Contest	Place	Bib	Name	YoB	AG	Club	Swim	T1	Bike	T2	Run	Finish	
Sprint Open	46.	14	David Price		40-49		10:20	02:34	46:10	00:35	31:17	1:30:56	+30:23
Sprint Open	47.	72	Darren Thompson		50-59	Prestatyn running	07:16	01:39	39:31	00:49	41:59	1:31:14	+30:41
Sprint Open	48.	1	Steffan Cooling		30-39		10:45	01:54	47:55	00:46	30:31	1:31:51	+31:18
Sprint Open	49.	2	Christopher Franklin		30-39		10:51	02:11	47:00	01:03	30:55	1:32:00	+31:27
Sprint Open	50.	31	Gary Edwards		40-49		12:54	04:52	49:23	00:54	35:36	1:43:39	+43:06
Sprint Open	51.	3	Peter Norman		60+	Wreccsam Tri Club	16:02	04:08	46:29	01:23	47:58	1:56:00	+55:27
Sprint Open	52.	13	Stuart Pinchbeck		60+		14:34	03:39	55:29	02:12	44:01	1:59:55	+59:22